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41. Yoke The Salon
42. Plymouth Market

DESIGNED BY LITTLE  
BIRDIE GUIDES FOR

**PLYMOUTH  
COLLEGE  
of ART**



## Local History

Plymouth is described as an Ocean city due to its maritime past and location to the sea.

With its natural harbour and open access to the Atlantic, the town found wealth and a national strategic importance during the establishment of British naval dominance in the colonisation of the new world. In 1620 the Pilgrim Fathers departed from Plymouth aboard The Mayflower to establish the second English colony in America. Sir Francis Drake, navigator, privateer, vice admiral of the British Royal Navy and mayor of Plymouth from 1581 is possibly the city's most famous resident. To this day on Plymouth Hoe, remains a wide grass meadow. According to popular myth, this is the place where Sir Francis Drake insisted on completing his game of bowls to allow wind and tide to change in his favour, enabling his defeat of the Spanish Armada in 1588.

Today Plymouth is a popular tourist destination, and the city itself attracts large numbers of visitors, as well as being home to a large student population.

In September 2013 Plymouth became a Social Enterprise City bringing different parts of the city together for the benefit of the local community. It now has over 150 organisations working across a huge range of sectors including education, health, arts, environment, food, finance, housing, business support, and social care. There is a burgeoning economy of small businesses, some of which you can find in this guide.

This all adds up to a very vibrant place indeed and whether you're here to visit, study or live you will be a part of something that is continuing to grow and flourish!

So go on! Stroll through the sixteenth century Barbican District, relax in the parks or simply delight in some of the best independent businesses, projects and organisations around!

## About Little Birdie

Little Birdie Guides lead travellers, adventurers and locals alike to the best quality, most unique independent businesses around. When you find one, you can say a Little Birdie told you!

If you would like to be featured on a map, why not ask a little birdie:  
[louise@littlebirdieguides.com](mailto:louise@littlebirdieguides.com)

See all the guides at: [littlebirdieguides.com](http://littlebirdieguides.com)



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## EAT

### 1 COSMIC KITCHEN

Palace Street  
01752 229955  
Open 11am-late (Closed Tues)  
[cosmickitchen.co.uk](http://cosmickitchen.co.uk)

Insanely good Middle Eastern inspired vegan food that is both delicious AND nutritious. Licensed, with indoor and outdoor seating and DJs in the evenings. With a great variety to choose from you will want to go back and try it all... But start with the scotch egg for sure!

### 2 BOSTON TEA PARTY

82-84 Vauxhall Street  
01752 229955  
8am-6pm every day  
[bostontea-party.co.uk](http://bostontea-party.co.uk)

Grab a booth and catch up with friends or get some work done whilst eating some tasty food. Watch out for 'Boston Sessions' on selected evenings.

### 3 THE HUTONG CAFE

160 Cremyl Street  
Open 7:30am-14:30pm  
(closed Tuesdays)  
[thehutong.co.uk](http://thehutong.co.uk)

AMAZING coffee. DELICIOUS bagels. GREAT vibes. Need we say more? Perfect place for that little brunch date you've had planned.

### 4 KNEAD PIZZA

The Lord High Admiral Pub  
Stonehouse Street  
Food served 4pm - 9pm

The best sourdough pizza this side of Italy. Neopolitan style. Seriously good, especially washed down with a craft ale from the pub. If you like pizza you Knead to go here...

### 5 EARLY BIRD BAKERY

51 Mutley Plain  
Wed - Sun 8:30am - 4pm  
[earlybirdcafe.co.uk](http://earlybirdcafe.co.uk)

We absolutely love Early Bird Bakery! Family-run and specialising in incredible brunch dishes, they are most famous for their indulgent doughnuts with everchanging flavour combinations.

### 6 PRIME CAFE

48 Ebrington St  
01752 657050  
[primecafebar.co.uk](http://primecafebar.co.uk)  
Mon-Sat 8:30am-6pm  
Sun 10am-4pm

Literally a stone's throw away from the main campus building, Prime Cafe offers the tastiest breakfasts & lunches!

### 7 TWIST BOARD GAME CAFE

43 Mayflower St  
[twistbgc.co.uk](http://twistbgc.co.uk)

Just around the corner from campus and great if you're looking for somewhere fun and different to go with friends! Choose from a huge selection of board games accompanied by a pizza or sharing platter!

### 8 RISE BAKERIES

20 Frankfort Gate  
Mon-Sat 8am-3pm  
01752 226566  
[therisebakery.co.uk](http://therisebakery.co.uk)

Serving an array of wonderful sourdough breads and indulgent treats this is a local bakery not to miss! Try their amazing 'Cronuts!' The best flavour has to be the cinnamon which goes down nicely with Rise's own blend of organic coffee.

### 20 BREAD & ROSES

62 Ebrington Street  
01752 659861  
Mon - Fri 4pm - 1am  
Sat 12pm - 1am  
Sun 12pm - 11pm  
[breadandrosesplymouth.co.uk](http://breadandrosesplymouth.co.uk)

The only social enterprise pub in Plymouth, Bread & Roses is THE place to be if you love all things art, music, food and culture! Epic selection of ethical organic Fairtrade drinks, rare rums, local ales and ciders. Set within a grand Victorian building, this pub is a MUST!

### 21 ROAM BREW CO.

Weston Park Road  
Mon, Thurs-Sat 10-5.30pm  
Tues Closed  
Wed 10am-9pm  
Sun 10am-4pm  
[roambrewco.uk](http://roambrewco.uk)

Find an amazing range of ales and sours from the taproom (brewed on site!), with a top notch bakery on the side.

## DRINK

### 22 BREWDOG

11 Bretonside  
01752 223266  
Open 12 - late every day  
[brewdog.com](http://brewdog.com)

The choice of beers on offer at Brewdog is amazing! It's the perfect place to hang out with friends and get some beers in. We recommend the super spicy hot wings and huge burgers too.

### 23 VESSEL BEER SHOP

184 Exeter Street  
Tues-Thurs 1pm-6pm  
Fri-Sat 1pm-9pm  
[vesselbeer.co.uk](http://vesselbeer.co.uk)

Great beer shop offering over 160 different beers from around the world in bottles and on tap! So close to campus - worth checking out with your new housemates for sure!

### 24 BULLETPROOF BREWING TAPHOUSE

91 Mutley Plain  
Tues - Thurs 2pm - late  
Fri - Sat midday - late  
[bulletproofbrewing.co](http://bulletproofbrewing.co)

Bulletproof's range of German style lagers (brewed in the South West) is unsurpassed in the city. And you can get a delicious burger from Zephyr Burgers whilst you're there. Winning combo.

## SEE

### 27 MIRROR

Plymouth College of Art  
Tavistock Place  
01752 203434  
Open 9am-5pm  
[mirrorplymouth.com](http://mirrorplymouth.com)

Mirror features a high-quality contemporary programme of exhibitions and events, which seeks to enrich teaching and learning at the college, whilst also welcoming a wider public audience to enjoy and debate contemporary arts. Offering students first hand opportunities to work with prestigious designers and makers.

### 34 PLYMOUTH ARTS CINEMA

Plymouth College of Art  
Tavistock Place  
01752 206114  
[plymouthartscinema.org](http://plymouthartscinema.org)

Take a glass of wine, beer or a hot drink from the café-bar into the cinema, relax into the comfy seats, and enjoy the film. Plymouth's only independent cinema screens the best in new indie cinema from all around the world (and a few classics too) The perfect rainy day activity or after uni treat!

### 42 PLYMOUTH MARKET

Plymouth Road  
Mon-Sat 8am-5pm  
[plymouthcitymarket.co.uk](http://plymouthcitymarket.co.uk)

The city's oldest and biggest indoor market has over 100 stalls with something for everyone! From clothing to jewellery, delicious food to a refreshing cup of tea and everything in-between. Call in, you just might surprise yourself with what you find.

## STAY

At Plymouth College of Art we work with recommended accommodation providers

## Host.

Host provide a variety of housing options to our students. The properties are ideally located around the campus and surrounding area, so you'll only have a short walk to get to college.

Great if you have an early start!

For more information and support finding the right place to call your new home, please contact  
[hello@pca.ac.uk](mailto:hello@pca.ac.uk)



## Why buy local?

For every £1 spent with a small or medium-sized business 63p is re-spent in the local area compared to 40p in every £1 spent with a large business.

Independent food shops employ up to 3 times as many people for the same turnover as a large supermarket.

It just makes sense to  
[#buylocal](https://www.instagram.com/buylocal)

£10 spent in the local area is actually worth around £25 to the local economy as it's respend several times.

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