

PLYMOUTH
— ESTABLISHED 1959 —
MARKET

TREASURY
CAFÉ - BAR & FUNCTION ROOMS

HUBBOX
BURGERS • DOGS • BEERS



cleverstudentlets



The Red Lantern



New Carpe Diem

THE GALLERY

BREAD & ROSES
COMMUNITY ARTS HUB & PVD

VESSEL
BEER SHOP

STREET FOOD
SUPAS
TEMPORUM

make
at 140 vauxhall st

PLYMOUTH

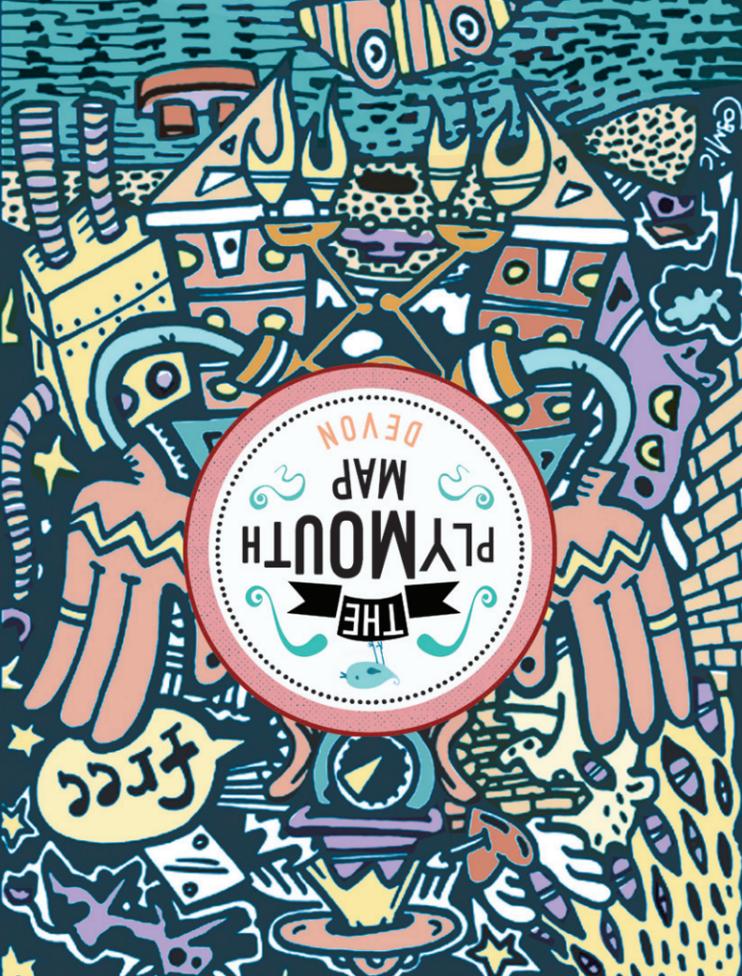
THIS MAP WAS
CREATED IN
PARTNERSHIP WITH

PLYMOUTH
COLLEGE
of ART



Rockets & Pascals





YOUR INDEPENDENT GUIDE TO THE BEST OF PLYMOUTH

Local History

Plymouth is described as an Ocean city due to its maritime past and location to the sea.

With its natural harbour and open access to the Atlantic, the town found wealth and a national strategic importance during the establishment of British naval dominance in the colonisation of the new world. In 1620 the Pilgrim Fathers departed from Plymouth aboard The Mayflower to establish the second English colony in America. Sir Francis Drake, navigator, privateer, vice admiral of the British Royal Navy and mayor of Plymouth from 1581 is possibly the city's most famous resident. To this day on Plymouth Hoe, remains a wide grass meadow. According to popular myth, this is the place where Sir Francis Drake insisted on completing his game of bowls to allow wind and tide to change in his favour, enabling his defeat of the Spanish Armada in 1588.

Today Plymouth is a popular tourist destination, and the city itself attracts large numbers of visitors, as well as being home to a large student population.

In September 2013 Plymouth became a Social Enterprise City bringing different parts of the city together for the benefit of the local community. It now has over 150 organisations working across a huge range of sectors including education, health, arts, environment, food, finance, housing, business support, and social care. There is a burgeoning economy of small businesses, some of which you can find in this guide.

This all adds up to a very vibrant place indeed and whether you're here to visit, study or live you will be a part of something that is continuing to grow and flourish!

So go on! Stroll through the sixteenth century Barbican District, relax in the parks or simply delight in some of the best independent businesses, projects and organisations around!

About Little Birdie

Little Birdie Guides lead travellers, adventurers and locals alike to the best quality, most unique independent businesses around. When you find one, you can say a Little Birdie told you!

If you would like to be featured on a map, why not ask a little birdie:
louise@littlebirdieguides.com

See all the guides at: littlebirdieguides.com



Produced by Little Birdie Guides in association with



CAFES & RESTAURANTS

KADAMPA BUDDHISM

33 Sutherland Rd
 01752 224137
meditationinplymouth.org

Relax, refresh and develop inner peace and wisdom through a wide range of meditation classes.

Accessible and practically useful to anyone, just drop-in to a class that suits your schedule. See website for general class and workshop times, or check out our dedicated student class.

STUDENT DISCOUNT

MAKE AT 140 VAUXHALL ST

Mon, Thurs - Sat 10-5.30pm
 Tues Closed
 Wed 10am-9pm
 Sun 10am-4pm
makeat140.co.uk
 01752 600130

A beautiful café, modern haberdashery and workshop space for creatives, crafters and cake lovers. Enjoy delicious homemade cakes and lunches with vegan and GF offerings.

Pop into the shop for stunning unusual fabrics, book onto one of the many fun and creative workshops or try out a Makes at Make kits - a few friends, yummy cake and BYO on bubbles gives a creative, different get together.

15% STUDENT DISCOUNT IN CAFE & SHOP

Rockets & Rascals

7 The Parade, The Barbican
 Open every day 8am - 6pm
rocketsandrascals.com
 01752 262170

Rockets & Rascals is where great coffee, beautiful bikes and yummy cakes come together in Plymouth.

There's a great range of bikes for sale or hire, the workshop can handle any repairs and you can wash it all down with Plymouth's best flat white.

THE REAL FOOD KITCHEN

2 Quaypoint, The Barbican
 Open 9:00 - 20:30
 07889460846
therealfoodkitchen.co.uk

Overlooking the Harbour, near the Mayflower steps, this contemporary cafe provides an array of delights. Priding themselves on only using fresh ingredients, there's something to suit any discerning palate. From their infamous rosti with sumptuous toppings to their local pulled pork sandwich, all washed down with local roasted coffee, smoothies or from their licensed bar - what's not to love?

ZUZIMO!

153 Vauxhall St
 01752 651300
zuzimo.co.uk
 Tues 17:00 - late
 Wed-Sun 11:00 - 15:00 & 17:00 - late

Food and drink from around the world, with interesting authentic regional themed nights.

Whether it's lunch, dinner or tapas, the extensive menu has something to cater for all tastes and appetites.

TAPAS THURSDAYS!
 3 TAPAS & GLASS ONLY £9.95

THE RED LANTERN AUTHENTIC CHINESE

The Red Lantern
 57 North Hill
 Open daily 12pm - late
 01752 250080
theredlanternplymouth.com

The Red Lantern symbolises Reunion - Reunion of families and friends. A gathering for joy and celebration.

Find incredible, fresh, healthy food, specialising in steamboats, BBQ, and Sanzhiguo simmer pots that cook before your eyes!

HUBBOX

BURGERS • DOGS • BEERS
 21 Old Town St
 Food served 11.30 - 21.00 every day
hubbox.co.uk
 01752 604759

Inspired by New York street food, Hubbox serves up Gourmet Burgers, Hot Dogs, BBQ & Craft Beers from their converted shipping container kitchen.

Admire the quirky, illustrative decor whilst chomping on exciting food made from the best ingredients the South West has to offer. Choose from their ever changing selection of Craft Beers, malt shakes and soft drinks.

SUPHAS STREET FOOD EMPORIUM

East Quay House
 Tues - Sun 12-10pm
suphas.co.uk
 01752 228513

Cooking it real and bringing you the best of Thai, Vietnamese, Malay, Laos and Myanmar street food, with an open kitchen, fresh fish counter.

Enjoy the vibe sat on the harbour's side as you watch the sun go down.

£5 LUNCH SPECIALS!

BREAD & ROSES COMMUNITY ARTS HUB/PUB

62 Ebrington Street
 01752 659861
breadandrosesplymouth.co.uk
 Mon 4pm-1am
 Tue-Sat 12pm-1am
 Sun 12pm-11pm

A quirky community interest pub focusing on art, culture and music. Various social meet-up groups, art crit sessions, open mic nights, DJ's, poetry and live bands (from folk to funk). An epic selection of ethical organic Fairtrade drinks, rare rums local ales and ciders to sample, set within a grand Victorian building.

STUDENT NIGHT DEALS!

NEW CARPE DIEM COCKTAIL BAR

50 North Hill (Next to Spar)
 Open Mon - Sat 8pm - 2am
 01752 252492
[f@NewCarpeDiemPlymouth](https://www.facebook.com/NewCarpeDiemPlymouth)

A cocktail bar with a great range of drinks including shots and bombs, cocktails as little as 2 for £6 in a fun place to meet your friends, with drinks to suit every taste and prices to suit every pocket.

COCKTAILS 2 FOR £6

PUBS & BARS

TREASURY CAFE - BAR & FUNCTION ROOMS

Catherine St, Royal Parade
 01752 672121
thetreasurybar.co.uk
 Open every day 8:30-Very late

The Treasury is an ornate 19th Century building, famed for its alternative afternoon teas, fresh fruit cocktails and interesting all day food menus. Great place for a date, or to impress the parents.

DJs at the weekend. Live jazz during the week. Come for breakfast and stay all day. Got an event lined up and need a venue? Have a peak at the stylish function room upstairs, special rates for student associations & exhibitions.

VESSEL BEER SHOP & BAR

184 Exeter St
 Tue-Thur 11am - 8pm
 Fri - Sat 11am - 10pm
 Sun 11am - 8pm
vesselbeer.co.uk
[f@VesselPlymouth](https://www.facebook.com/VesselPlymouth)

Plymouth's independent beer shop. Over 150 beers to drink in or take out, in cans, bottles and draught (including take out in glass growlers) from some of the world's best breweries.

Also offering a small, carefully selected range of independently produced cheese, wine, spirits and soft drinks.

OVER 150 BEERS!

BARBICAN BLUES BAR & GRILL

8 The Parade
 Open every day 11am - 2am
bluesbarandgrill.co.uk
[f Blues Bar](https://www.facebook.com/BluesBar)
 01752 257345

Plymouth's only live music venue with fantastic musicians 6 nights a week! The essential haunt for those who love great music, good food and a buzzing atmosphere.

The Blues Bar & Grill combines a bar, cafe, restaurant and a live music venue all in one, so whether you're wining, dining, doing lunch or just out for the night it's the place to go. Excellent views over Plymouth harbour.

GALLERY

THE GALLERY AT PLYMOUTH COLLEGE OF ART

Tavistock Place PL4 8AT
 Mon-Fri 9:00 - 17:00
 Sat 10:00 - 14:00 (during term time, subject to staffing)
 01752 203434

plymouthart.ac.uk/gallery
[f PlymouthCollegeOfArtGallery](https://www.facebook.com/PlymouthCollegeOfArtGallery)

The Gallery runs a high quality annual programme of exhibitions and events, showcasing work by the most exciting contemporary, emerging and established artists working in a range of different discipline areas.

See the website or follow us on social media for what's on and to find out about arts masterclasses, short courses, specialist printing and access to FabLab Plymouth.

The Cover Artist



Cosmic is a street artist / illustrator usually found on a crane with a spraycan.

Having freelanced for ten years, he is passionate about working with local independent companies, with international clients also in his portfolio.

Find his work here:
[f @CosmicImages](https://www.facebook.com/CosmicImages)
drawingonthings.co.uk

Contact on:
cosmicimagesok@gmail.com

Listen to the Cosmic Art Show every Friday night on Source FM (96.1 FM)
thesourcefm.co.uk

Made by Little Birdie

STUDENT HALLS

- Armada House**
174 Armada Way, PL1 1JU
- Gull House**
77-87 Houndiscombe Road, PL4 6HB
- Tamar House**
Old Town Street, PL1 1DP
- Grove House**
10 Lisson Grove, PL4 7DN
- Ocean House**
10 Kinterbury Street, PL1 2DG
- Town House**
32 Harwell Street, PL1 5BN
- Aspire**
Mayflower St, PL1 1SD
- Royal House**
St Andrews Cross, PL1 1DN
- Coocestone House**
14a Hastings Street, PL1 5BA

cleverstudentlets

✓ NO DEPOSIT ✓ NO BILLS ✓ NO FEES
www.cleverstudentlets.com
 2 Queen Anne Terrace, North Hill, Plymouth, PL4 8EF

01752 500511

MARKET

PLYMOUTH MARKET

PLYMOUTH Plymouth Rd
 - ESTABLISHED 1859 -
 MARKET Mon-Sat 8am - 5pm
[f @PlymouthCityMarket](https://www.facebook.com/PlymouthCityMarket)
plymouthcitymarket.co.uk

The city's oldest and biggest indoor market has over 100 stalls selling everything you need! From clothing to jewellery, delicious food to a refreshing cup of tea and everything in-between.

Call in, you just might surprise yourself with what you find.

Litho Printing

Digital Printing

W-I-D-E Format Printing

On demand print - One off, short runs etc.

Student Discount ALL-DIGITAL PRINTING

BOOTHSPRINT

www.boothsprint.co.uk

Why buy local?

For every £1 spent with a small or medium-sized business 63p is re-spent in the local area compared to 40p in every £1 spent with a large business.

Independent food shops employ up to 3 times as many people for the same turnover as a large supermarket.

£10 spent in the local area is actually worth around £25 to the local economy as it's respent several times.

It just makes sense to

#buylocal